

Quinn wins in Woodstown

On Sunday last in brilliant weather conditions the Annual Alan Everett Memorial 5 Miles Road Race in Woodstown was a great success with 150 runners and 100 walkers taking part, the proceeds go to the Coast Guard. The race was a battle up front for four of the five miles by two previous winners Cian Murphy the holder from Iveragh in Kerry and Shane Quinn Ferrybank who won the inaugural running of the event. With a mile to go Quinn forged ahead and increased his lead to eventually finish a decisive winner from Murphy and Michael Dowling, Wicklow was third. Pauline Lambe from Waterford A.C. was the comfortable winner of the ladies section with Laura Behan K.C.K. second and Sylvia Malone Waterford A.C. was third.

The race was organised by Waterford A.C. and on behalf of the club Michael Leechmere thanked all who competed, all involved in the organisation, sponsors Blue Wall Technology, proprietors of "The Saratoga" for services rendered, and the ever reliable ladies who provided lots of refreshments. Alan's widow Annette and her two daughters were present and the late Alan's brother Pat Everett - who travelled from Kerry- on behalf family thanked all involved in the organisation of the race and Alan's sister Norma Kenneally started the event .

The following were the results: Men 1st Shane Quinn Ferrybank 35.34, 2nd Cian Murphy Iveragh, Kerry 26.08, 3rd, Michael Dowling Wicklow 27.54. Junior Gary Cantwell K.C.K o 40 David Gunnip, o45 Frank Harse, o 50 Larry Lacey St. Josephs o55 Joe Gough West Waterford. Ladies 1st Pauline Lambe WAC 31.25, 2nd Laura Behan KCK, 32.03, 3rd Sylvia Malone WAC 33.05 JF Aideen O Reilly Analee AC, o35 Adele Walsh St. Senans o40 Cathy Cronin WAC o45 Ger Houlihan o50 Kathleen Kennedy WAC

Munster juvenile titles won

On Sunday last in Templemore Co Tipperary the final Munster Track and Field fixture of the season took place and Waterford athletes figured very prominently. In the individual championships athletes from An Ghaeltacht had a very good day . They had wins with Thomas Ahearne u 11 Long jump and 600 Metres, Liam Reilly u 13 600 M, Cormac Mahony u 9 100 m and he was second in the 300 metres, Emma Hallahan was second in the Long Jump u 12 and Laura Miller was third in the u 9 80 metres For Waterford A.C. there were wins by Ethan Flynn u 9 300 M, Nicole Rowe Long Jump u 16 ,Lynsey Maguire was second u10 300 m, Saoirse Casey Power also had a second in u 16 100 m, and Third placings went to Ethan Flynn u 9 Long Jump and Nicole Rowe 800 m u 16 and in the u 11 Combined Events Hugo Blair was third..In the Combined events u 12 Ferrybank had the first three. Anne Corcoran won, Orlaith O'Brien was second and Krista Meade was third and in the u 13 Amy Foley do was third.

Kiely Twins Top the Rankings

Twins Ben and Megan Kiely from Ferrybank A.C. who are from the Dunhill area have now been ranked top 300/400m Hurdlers in the Irish Youth Rankings (U18) this year. Megan was top of the rankings all season while Ben had been ranked third. But a 6th place finish at last weeks British A.A.'s in the UK saw Ben move to top of the Boys' Rankings with a personal best time of 57.15 seconds. Since they became involved in the sport both have been excellent in each age group

Athletics Ireland seek Cross Country venues

Application to host the following 2010 - 2011 Cross Country Championships; Novice & Juvenile Cross Country Championships of Ireland 2010, Inter County Senior, Junior & Juvenile Cross Country Championships 2010, Intermediate, Masters & Juvenile 'B' Cross Country Championships 2011, Inter Clubs Cross Country Championships 2011 Applications to Athletics Ireland A.S.A.P.

National 1/2 Marathon

On Sunday next in Crettyard Co Carlow with a 1 pm start the All Ireland 1/2 Marathon Championship takes place and it caters for Seniors and Masters. In the Masters there is no over 35 category for either men or women. For women the ages are o40, o45, o50, o55, o60 and for men o40, o45, o50, o55, o60, o65, o70. and one has to be over 18 to compete. A number of athletes from Waterford clubs will run.

Caulfields Super Value/Munster Express 10 Km

On Sunday week September 12th one of the big road races of the season in the city takes place. Its the Annual Caulfields Super Value/ Munster Express 10 km and it has a 12 noon start at the R.S.C. over the usual course finishing back at the R.S.C.. As always only those who have officially registered will be covered by the Race Insurance and also only those registered will be recorded at the finish. Entry forms can be got at Munster Express Offices and this week entry form the paper, no entries on the day.

Cross Country

We are now only weeks away from the start of the Cross Country season and in early October the County programme will begin and athletes from all clubs should be training now. Cross Country is ideal for every grade of athlete as in addition to the individual prizes there are team prizes also and if clubs have the athletes training every effort should be made to give all a chance to compete..